



# Retirement Fund for Religious

Please give to those who have given a lifetime.

“Be faithful to your prayer life and have a sense of humor,” says Sister Rita Polchin (*foreground*), a member of the Sisters of Saints Cyril and Methodius in Danville, Pennsylvania. “That’s my advice for a long, happy life.” And, at age 87, she ought to know. Throughout nearly 70 years of religious life, this philosophy has served her well, especially as she ministered in Catholic schools. “One year I had a class of 54 students,” she recalls with a smile, “but they were all good!”

Like Sister Rita, the senior sisters, brothers, and religious order priests shown here—and some 33,000 more across the nation—have offered their lives in service and prayer. They have educated the young, cared for the sick, and spoken for the oppressed. Many, including Sister Rita, continue to serve. Others need assistance. Your gift to the Retirement Fund for Religious helps provide nursing care, medications, and other necessities. Please be generous.

**Roughly 95 percent of donations aid senior religious.**

**[www.retiredreligious.org](http://www.retiredreligious.org)**

**To give at your parish:** Make your check payable to your parish. (Write RFR on the memo line.)

**To donate by mail:** Make your check payable to Retirement Fund for Religious. Please do not mail cash.

**Please check with your employer about matching gifts.**

**Amount:**  \$1,000  \$500  \$250  \$100  \$50  \$25  Other \$ \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_

E-mail address (for e-newsletters) \_\_\_\_\_

(Arch)diocese \_\_\_\_\_

**National Religious Retirement Office**

3211 Fourth Street NE  
 Washington DC 20017-1194  
 Telephone (202) 541-3215  
 Fax (202) 541-3053



Printed on recycled paper, 30% post-consumer recycled fiber.